

Menomonee Falls

N91 W17194 Appleton Ave
Suite 105
Menomonee Falls WI 53051

Hartland

155 E. Capitol Dr.
Suite 6A
Hartland WI 53029

Waukesha

2312 N Grandview Blvd
Suite 103
Waukesha WI 53188



Alliance Counseling Center is a Private Outpatient Mental Health and Addiction Treatment Center

We offer potential clients a 20-minute consultation, free of charge, to answer any questions and provide information to assist you in deciding if you would like to address an issue or concern. Please mention this when making the initial appointment to qualify for this complimentary service.

You can reach Alliance Counseling Center at:

Phone: 262-367-2699 Fax: 262-367-3828

www.alliancecounselingcenter.com

Alliance Counseling Center

An association of experienced and varied therapists, combining talents to help individuals, couples and families with all types of mental health and substance use problems and concerns. Offering a holistic approach to treatment, and tailoring treatment to meet specific needs.



Our Philosophy

At Alliance Counseling Center, we are committed to offering highly specialized and personally responsive services to all our patients and their families. Optimal health and well-being requires an integration of mind, body and spirit. Our behavioral health services are Solution Focused and Result Oriented. Our private practice group grew out of a desire to provide the highest quality of health services to our patients. As clinicians, we understand our patient's need for a more individualized, personal approach to behavioral health services.

When you contact our clinic, you will reach one of our therapists directly. If they are not able to meet your needs, they will quickly put you in contact with the therapist who will be best suited for you. In addition, careful attention is paid to coordinating our behavioral health services with medical health care providers, if requested or necessary. We welcome the opportunity to provide behavioral health services to assist individuals in gaining the optimal level of physical, emotional, and spiritual well-being.

Clinical Services

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| Individual and Group Psychotherapy | Clinical Hypnotherapy |
| Child/Adolescent Psychotherapy | Experiential Therapies |
| Couple/Marital/Family Therapy | Art Therapy |
| Alcohol and Substance Use Treatment | Play Therapy |
| Court Ordered Domestic and Relationship Violence Treatment | Parenting Classes |
| Psychological Testing & Evaluation | Behavior Modification |
| Expert Testimony/Psychological Consultation | Divorce Care for Children |
| Forensic Psychology Issues | Issues of Sexual Abuse |
| | EAP Services |

Areas of Specialization & Experience

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| Anxiety, Phobias, Depression, Bipolar | Attention Deficit Hyperactivity Disorder (ADD/ADHD) |
| Substance Use Issues or Dependence | Developmental Issues (Bedwetting, School Phobias, etc.) |
| Domestic & Relationship Violence | Autism/Asperger's/Spectrum Disorders |
| Anger Management/Assertiveness Training | Medical & Health Psychology |
| Abuse, Victimization, Trauma and PTSD | Grief, Loss or Bereavement |
| Child/Adolescent Issues | Interpersonal or Personality Struggles |
| Adjustment to Life Change Issues - Retirement, Relocation, "Empty Nest", etc. | Parenting Issues |
| Separation of Family Unit Issues | Stress Management & Relaxation Training |
| Dual Diagnosis | Women Issues/Men Issues |

Appointments

All outpatient services are scheduled by appointment. Day and evening appointments are arranged according to availability. All inquiries are welcome.

Fees & Insurance

Approved for third-party insurance payments, cash payments and some clinicians accept credit/debit/HSA cards. For patients preferring to pay by cash rather than utilizing their health insurance (to insure greater confidentiality), fee reductions are available.